

# CHRISTMAS GIFT SETS



PRO-COLLAGEN. SKINCARE STORIES  
The Ultimate Pro-Collagen  
Skincare Routine only  
**€290**



PRO-COLLAGEN. A TALE OF TWO  
CREAMS only  
**€165**  
Am-to-Pm Hydrating Moisturisers



SUPERFOOD SKINCARE. THE  
GLOW-GETTERS TRILOGY only  
**€53**  
A Healthy-Looking Glow in 3 Steps



CLEANSE & HYDRATE.  
A Pair of Pro-Collagen Bestsellers only  
**€115**



LYRATH ESTATE

Lyrath Estate,  
Paulstown Road, Kilkenny

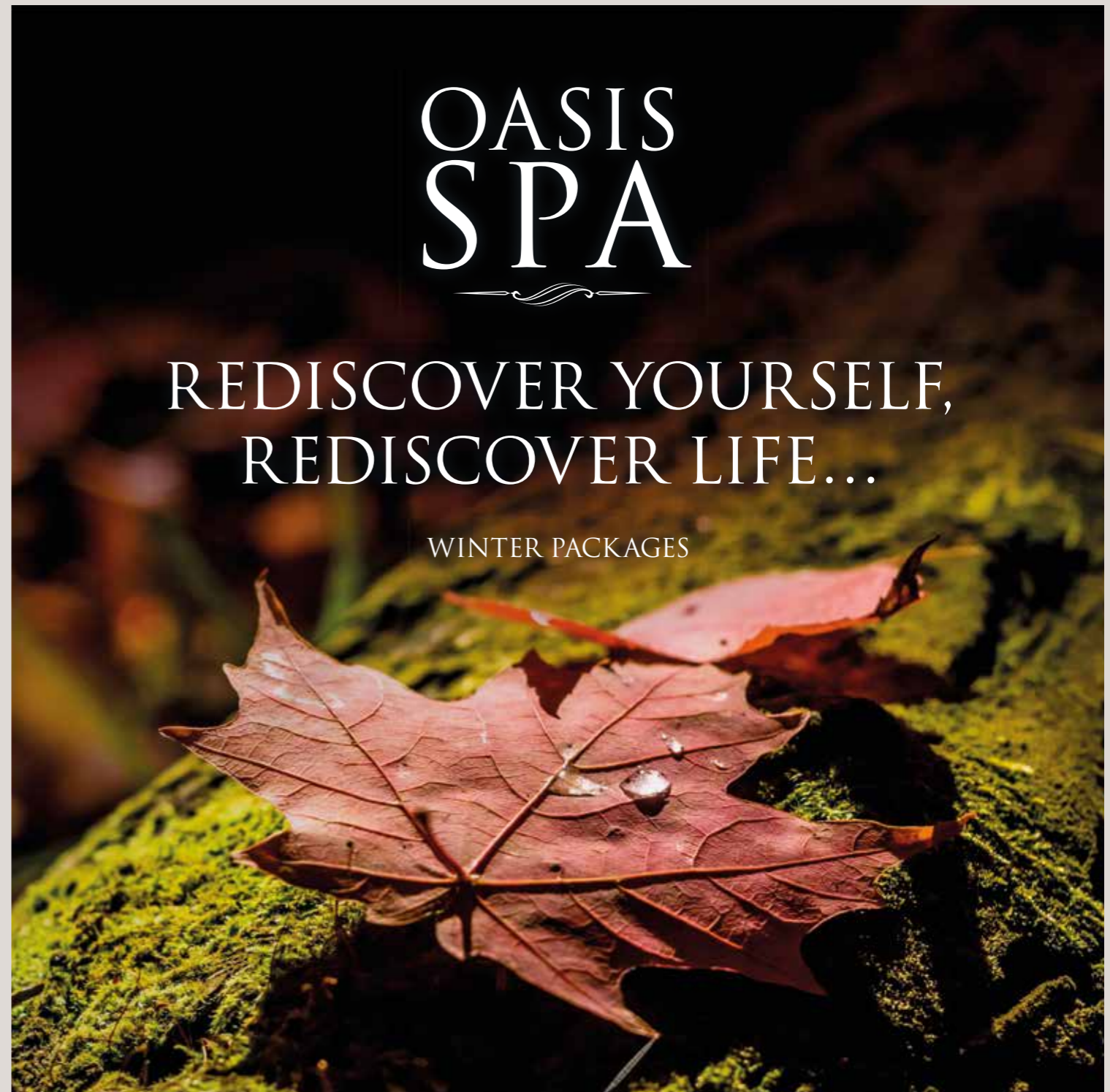
LYRATH.COM

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E: oasisspa@lyrath.com

# OASIS SPA

## REDISCOVER YOURSELF, REDISCOVER LIFE...

WINTER PACKAGES



## OASIS SPA CLASSICS



### WALK IN FLOAT OUT

Choose one of the following:

- » Personalized facial
- » Back, neck & shoulder massage & mini facial
- » Elemis intensely cleansing frangipani salt scrub including moisturiser
- » Mini Indian head massage & mini facial
- » Kerstin Florian Alpine foot treatment & mini Indian head massage

**Treatment Duration: 50 mins**

Only  
**€95**



### DELUXE PAMPER ME & AFTERNOON TEA

Choose one of the following and also enjoy Afternoon Tea:

- » Personalized facial
- » Indian head massage
- » Deluxe pedicure
- » Swedish full body massage
- » Back, neck & shoulder massage & Elemis mini facial
- » Kerstin Florian Alpine foot treatment & mini Indian head massage

**Treatment Duration: 50 mins**

Only  
**€120**



### TOP TO TOE

Customize your perfect day and choose any 3 of the following 25 minute treatments:

- » Back, neck & shoulder massage
- » Kerstin Florian Alpine foot treatment
- » Kerstin Florian nourishing hair treatment & scalp massage
- » File & polish on hands or feet
- » Elemis mini facial
- » Mini Indian head massage
- » Full body exfoliation

**Treatment Duration: 75 mins**

Only  
**€130**

## SIGNATURE TREATMENTS



### THE WARMING GINGER RENEWAL

To begin this 85 minute treatment, earthy minerals are combined with ginger's healing properties in an invigorating full body exfoliation. Followed by a pampering back, neck and shoulder massage using ginger oils and warm healing stones. Nourish and relax inside a warm cocoon wrap, while a luxurious foot and pressure point massage are performed to complete this head to toe service

**Treatment Duration: 85 mins**

Only  
**€135**



### ILLUMINATING FACIAL

This results driven Kerstin Florian treatment is designed to illuminate your skin to deliver a fresher, brighter, more hydrated appearance. Begin with an exfoliating enzyme peel to even out texture and tone and to brighten the skin. A deep cleansing massage promotes circulation and a concentrated serum C + infusion delivers a powerful boost of pure Vitamin C to protect from free radicals and to improve the skin's tone and elasticity. Enjoy a luxurious foot and pressure point scalp massage while your masque is at work. This treatment also includes an eye massage with "Rose Porfyr Stones" – pink crystals known for their healing properties. Skin appears lighter, brighter and more refined. A heated hand treatment completes the experience.

**Treatment Duration: 85 mins**

Only  
**€140**

Add Peel  
**€5**

» Please note all spa packages includes 1 hour complimentary access to our Thermal Suite & Hydrotherapy Pool. Please arrive an hour before treatment time to avail of this.  
» Specially tailored maternity packages available upon request. Please ask our team.

» 48 hours notice is required to cancel or reschedule appointments a 50% charge will apply if you cancel within 48 hours & 100% charge will apply for cancellation within 24hours"

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