



OASIS
SPA

REDISCOVER YOURSELF,
REDISCOVER LIFE...

SPRING PACKAGES

OASIS SPA CLASSICS



WALK IN FLOAT OUT

Choose one of the following:

- » Personalized facial
- » Back, neck & shoulder massage & mini facial
- » Elemis intensely cleansing frangipani salt scrub
- » Mini Indian head massage & mini facial
- » Kerstin Florian Alpine foot treatment & mini Indian head massage

Treatment Duration: 50 mins

Midweek
€75

Weekend
€90



DELUXE PAMPER ME & AFTERNOON TEA

Choose one of the following and also enjoy Afternoon Tea:

- » Personalized facial
- » Indian head massage
- » Manicure or pedicure
- » Swedish full body massage
- » Back, neck & shoulder massage & Elemis mini facial
- » Kerstin Florian Alpine foot treatment & mini Indian head massage

Treatment Duration: 50 mins

Midweek
€94

Weekend
€114



TOP TO TOE

Customize your perfect day and choose any 3 of the following 25 minute treatments:

- » Back, neck & shoulder massage
- » Kerstin Florian Alpine foot treatment
- » Kerstin Florian nourishing hair treatment & scalp massage
- » File & polish on hands or feet
- » Elemis mini facial
- » Mini Indian head massage
- » Full body exfoliation

Treatment Duration: 75 mins

Midweek
€110

Weekend
€125

» Please note all spa packages includes 1 hour complimentary access to our Thermal Suite & Hydrotherapy Pool. Please arrive an hour before treatment time to avail of this.
» Midweek denotes: Monday to Thursday Inclusive. Weekend denotes: Friday, Saturday and Sunday
» Specially tailored maternity packages available upon request. Please ask our team.

SPRING RECOMMENDATIONS



NEROLI BLOSSOM RITUAL WINNER OF TATLER AWARDS BEST BODY TREATMENT 2018

Awaken the senses with the signature aroma of Neroli in this deeply relaxing yet uplifting experience featuring energy balancing, Eucalyptus infused foot cleansing ritual with reflexology to clear the mind, a lymphatic dry brush technique followed by a Neroli Blossom therapeutic meditative back massage with body application and finished with a nourishing facial massage.

Treatment Duration: 80 mins

Midweek
€105

Weekend
€115



A TASTE OF TOUCH & TECHNOLOGY

Before you invest in a course of treatments let's put your mind at ease to prove it's the right skincare choice for you. This tailor made package combines our new advanced Biotec Facial with a muscle melting full body massage. After a skin consultation our qualified Biotec Therapist will choose a 60 minute Biotec Advanced Facial that is best suited to your skin needs from a selection of seven different technologies, leaving you with visible results after just one treatment. Finish off with a relaxing full body massage – the perfect head to toe combination leaving you looking and feeling fabulous.

Treatment Duration: 135 mins

Midweek
€180

Weekend
€190

» Please note all spa packages includes 1 hour complimentary access to our Thermal Suite & Hydrotherapy Pool. Please arrive an hour before treatment time to avail of this.
» Midweek denotes: Monday to Thursday Inclusive. Weekend denotes: Friday, Saturday and Sunday
» Specially tailored maternity packages available upon request. Please ask our team.

REVIVE YOUR SKIN AFTER WINTER TO REVEAL BRIGHTER YOUNGER LOOKING SKIN EVEN AFTER ONE BIOTEC TREATMENT



The Pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. The clinically proven results are visibly healthy, nourished and energized skin, there are 7 different advanced technology facials to choose from to accommodate all skin concerns, a course of Biotec facials will re-educate your skin to give long lasting results as opposed to quick fixes with temporary results.

Simply choose a treatment suited to your needs, following a consultation with our therapist:

- » **BIOTEC Line Eraser** - Targets fine lines and wrinkles to energize and firm the skin
- » **BIOTEC Firm-a-Lift** - Targets sagging skin to strengthen and sculpt the skin for a contoured complexion that is remarkably lifted
- » **BIOTEC Anti Pigment Brightener** - Targets age spots and pigmentation to brighten the complexion
- » **BIOTEC Skin Resurfacer** - Targets uneven texture and blemished skin to smooth the complexion

- » **BIOTEC Radiance Renew** - Targets, tired, dull and sluggish skin to rejuvenate the skin
- » **BIOTEC Blemish Control** - Targets oily congested blemished skin to clear the complexion
- » **BIOTEC Sensitive Skin Soother** - Targets sensitive skin prone to redness in need of calming and skin repair

For optimum results a course of 6 treatments is recommended.

Treatment Duration: 60 mins

Midweek **€115** Weekend **€125**

- » Please note all spa packages includes 1 hour complimentary access to our Thermal Suite & Hydrotherapy Pool. Please arrive an hour before treatment time to avail of this.
- » Midweek denotes: Monday to Thursday Inclusive. Weekend denotes: Friday, Saturday and Sunday
- » Specially tailored maternity packages available upon request. Please ask our team.

Book 5
treatments
get your 6th
treatment
FREE
T&Cs apply

TIP
Book a course of 6
treatments performed
2 to 4 weeks apart to see
optimum results just in
time to reveal glowing
rejuvenated skin for
summer

Lyrath Estate, Paulstown Road,
Kilkenny, R95 F685


LYRATH ESTATE
LYRATH.COM

T: (056) 77 05841
E: oasisspa@lyrath.com