

AUTUMN TREATS



A TASTE OF TOUCH & TECHNOLOGY

Before you invest in a course of treatments let's put your mind at ease to prove it's the right skincare choice for you. This tailor made package combines our new advanced Biotec Facial with a muscle melting full body massage. After a skin consultation our qualified Biotec Therapist will choose a 60 minute Biotec Advanced Facial that is best suited to your skin needs from a selection of seven different technologies, leaving you with visible results after just one treatment. Finish off with a relaxing full body massage – the perfect head to toe combination leaving you looking and feeling fabulous.

Treatment Duration: 135 mins

Midweek
€150

Weekend
€170



TREAT THOSE FEET

Danne Montague King – Medi Pedi - “great to rejuvenate the feet after summer

Your toes are in for a treat, the original Medi Pedi results are exceptional. It leaves rough, cracked and calloused feet feeling smooth and soft without the use of any blades or rasps. Medi Pedi is gentle, yet very effectively and efficiently dissolves away dry hardened skin build up on the feet. Medi Pedi incorporates our unique alkaline solution, herbal pigment oil and maximum moisturizer. These products swell, dissolve and soften redundant cuticle build up and then returns the skin to a normal pH level. Treatment includes nail file and polish. Upgrade to a shellac polish for an additional €5.

Treatment Duration: 70 mins

Midweek
€75

Weekend
€75



LYRATH ESTATE

Lyrath Estate,
Paulstown Road, Kilkenny

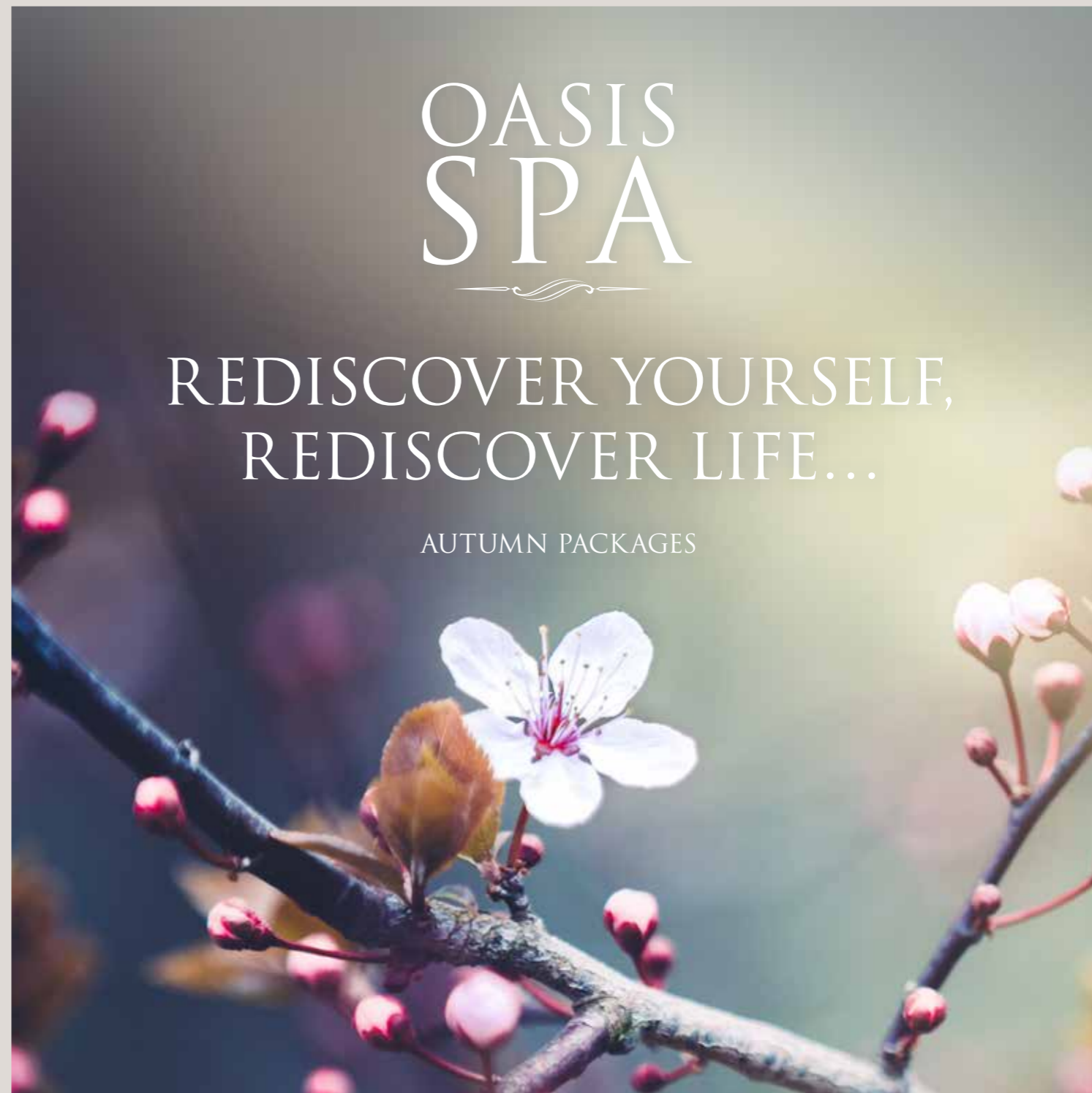
LYRATH.COM

T: (056) 77 05841
E: oasisspa@lyrath.com

OASIS SPA

REDISCOVER YOURSELF, REDISCOVER LIFE...

AUTUMN PACKAGES



OASIS SPA CLASSICS



WALK IN FLOAT OUT

Choose one of the following:

- » Personalized facial
- » Back, neck & shoulder massage & mini facial
- » Elemis intensely cleansing frangipani salt scrub including moisturiser
- » Mini Indian head massage & mini facial
- » Kerstin Florian Alpine foot treatment & mini Indian head massage

Treatment Duration: 50 mins

Midweek
€75

Weekend
€90



DELUXE PAMPER ME & AFTERNOON TEA

Choose one of the following and also enjoy Afternoon Tea:

- » Personalized facial
- » Indian head massage
- » Deluxe pedicure
- » Swedish full body massage
- » Back, neck & shoulder massage & Elemis mini facial
- » Kerstin Florian Alpine foot treatment & mini Indian head massage

Treatment Duration: 50 mins

Midweek
€89

Weekend
€109



TOP TO TOE

Customize your perfect day and choose any 3 of the following 25 minute treatments:

- » Back, neck & shoulder massage
- » Kerstin Florian Alpine foot treatment
- » Kerstin Florian nourishing hair treatment & scalp massage
- » File & polish on hands or feet
- » Elemis mini facial
- » Mini Indian head massage
- » Full body exfoliation

Treatment Duration: 75 mins

Midweek
€105

Weekend
€125

SIGNATURE TREATMENTS



NEROLI BLOSSOM RITUAL

Awaken the senses with the signature aroma of Neroli in this deeply relaxing yet uplifting experience featuring energy balancing, Eucalyptus infused foot cleansing ritual with reflexology to clear the mind, a lymphatic dry brush technique followed by a Neroli Blossom therapeutic meditative back massage with body application and finished with a nourishing facial massage.

Treatment Duration: 80 mins

Midweek
€100

Weekend
€110



NUMBER 1 LUXURY PACKAGE – EXCLUSIVE TO OASIS SPA

Elemis Exotic Escape - Winner of RSVP Best Elemis Treatment

Escape to Oasis Spa with this indulgent new ritual, designed by Elemis. Begin with a luxurious full body exfoliation with an Elemis Exotic Frangipani Salt Glow, followed by a muscle melting massage of the back, neck and shoulders and back of the legs. To complete your experience enjoy an Elemis vitamin boosting facial, bursting with anti – oxidants rich minerals and vitamins. This de-stressing and purifying treatment helps remove damaging toxins, regenerates skin cells and balance sebum. The exceptional results are remineralised, rebalanced and renewed skin.

Treatment Duration: 100 mins

Midweek
€130

Weekend
€140

» Please note all spa packages include 1 hour access to our Thermal Suite & Hydrotherapy Pool. Please arrive an hour before treatment time to avail of this.
» Midweek denotes: Monday to Thursday Inclusive. Weekend denotes: Friday, Saturday and Sunday
» Specially tailored maternity packages available upon request. Please ask our team.

» Please note all spa packages include 1 hour access to our Thermal Suite & Hydrotherapy Pool. Please arrive an hour before treatment time to avail of this.
» Midweek denotes: Monday to Thursday Inclusive. Weekend denotes: Friday, Saturday and Sunday
» Specially tailored maternity packages available upon request. Please ask our team.